



# HEALING INTIMATE TREASON: For Partners of Sex Addicts



The Rio Retreat Center at The Meadows one-of-a-kind workshops offer healing and empowerment to individuals in various stages of their recovery. Our workshops address the needs of those who have just begun a recovery process, as well as those who have been on a recovery path and may have hit a plateau or want to deepen their experience. Workshops can also be a source of renewal for anyone who has undergone treatment. Participants work on sensitive issues in a concentrated format allowing them to jump-start and enhance their personal recovery journey by gaining insight into unhealthy patterns and practicing new relational skills within a safe environment.

## 2021 WORKSHOP DATES

- January 11-15
- February 8-12
- March 8-12
- April 19-23
- May 31-June 4
- June 28-July 2
- July 26-30
- August 30-September 3
- September 27-October 1
- October 25-29
- November 29- December 3

## ABOUT THE WORKSHOP



Claudia Black, PhD,  
Meadows Senior Fellow

This workshop was developed in collaboration with Claudia Black, PhD, Senior Fellow, and author of *Deceived: Facing Sexual Betrayal, Lies, and Secrets and Intimate Treason*. Working from a clinical model based on trauma and addiction, partners impacted by the destruction of sexual compulsion will have the opportunity to begin healing from intimate betrayal.

Participants will learn about the biology and the behavior of sex and love addiction and will explore their own relational templates. This is an experientially based workshop that will assist partners to move through their grief and loss, break free from the attachment to fantasy, and enhance emotional self-regulation. Developing internal, external, and sexual boundaries, participants will learn how to move from a position of victimization to personal empowerment. This workshop creates a safe and compassionate environment that will provide a path to healing that gives voice to the partners' truth as they travel on their own journey in recovery.

## REGISTRATION

Since workshops fill quickly, we encourage making reservations three to four weeks in advance. Register by contacting our Workshop Coordinator at **833.749.4891**.

## COST

\$3,450 – All-inclusive are meals and evening activities: yoga, Tai Chi, auricular acupuncture, live music, 12-Step meeting, and equine therapy. Access to the Brain Spa and gym are also included in the cost of the workshop.

## LOCATION

Rio Retreat Center at The Meadows  
1245 Jack Burden Road, Wickenburg, Arizona 85390

## LODGING AND TRANSPORTATION

Lodging is available at the Rio Retreat Center on a first come, first served basis. Rooms are simply appointed and designed to be conducive to the process of healing and recovery. We offer both shared and private rooms. For those staying on campus, transportation will be available from and to the Phoenix airport with two convenient pickup times. Details will be sent with your confirmation email upon completion of the sign-up process.

Those who do not stay at the Rio Retreat Center will be responsible for arranging and paying for their own transportation and lodging in the Wickenburg area. A list of lodging and transportation options will be sent with your workshop confirmation email.

## PLEASE NOTE

Workshop groups run Monday through Friday from approximately 8:30 a.m. to 4:00 p.m. The schedule is somewhat flexible to accommodate the size of the group and group process. Evening programming is provided after dinner. The Rio Retreat Center campus is strictly alcohol and drug free and has a dress code, cell phone, and smoking policy. Please consult our Workshop Coordinator for more information.

## CANCELLATION/TRANSFER POLICY

We rely on an accurate attendance count to make important arrangements for your workshop. If a cancellation occurs more than 14 days prior to the start of the workshop, a full refund, less a \$600 administrative fee will be issued or an allowance is made for a one-time transfer to another workshop date. There is a \$100 transfer fee for this service. No cancellation or transfer within 14 days of the workshop date. If you have to cancel or transfer your workshop, please contact our Intake Department at **833.749.4891** as soon as possible — we often have a waiting list of people who want to attend.