

## Relationships Workshop

# HEALING INTIMATE TREASON

## Repairing the Trauma Experienced by Partners of Sex Addicts

### WHO IS THIS WORKSHOP RIGHT FOR?

Partners impacted by the destructiveness of sexual compulsion who are looking for an opportunity to begin healing from intimate betrayal

### ALL ABOUT THIS WORKSHOP

Developed in collaboration with Meadows Senior Fellow Claudia Black, PhD, author of the books *Intimate Treason* and *Deceived: Facing Sexual Betrayal, Lies, and Secrets*, this five-day experientially based workshop assists partners in moving through their grief and loss to go from a position of victimization to one of personal empowerment.

Working from a clinical model based on trauma and addiction, partners impacted by the destruction of sexual compulsion will have the opportunity to begin healing from intimate betrayal.

Participants will find a safe and compassionate environment to learn about the biology and behavior of sex and love addiction, explore relational templates, break free from the attachment to fantasy, enhance emotional self-regulation, and develop internal, external, and sexual boundaries.

This workshop creates a supportive, empathetic environment, providing a path to healing that gives voice to the partner's truth as they travel on their own journey in recovery.

### LOCATION

Rio Retreat Center at The Meadows  
1245 Jack Burden Road, Wickenburg, Arizona 85390

### DATES

Visit [RioRetreatCenter.com/Calendar](http://RioRetreatCenter.com/Calendar) for the most up-to-date workshop schedule.

### COST

Workshop pricing includes meals, evening activities, and Brain Center and gym access. We also offer several on-site lodging options. (NOTE: Most workshops are eligible for reimbursement through most insurance plans.)

### REGISTRATION

Workshops fill up quickly, so we encourage planning ahead. Register at [RioRetreatCenter.com](http://RioRetreatCenter.com).

### SCHEDULE

Workshop groups run Monday through Friday from approximately 8:30 am to 4 pm, with evening programming provided after dinner.

### MORE INFO

For additional details,  
scan the QR code or  
visit us online at  
[RioRetreatCenter.com](http://RioRetreatCenter.com).





# Rio Retreat Center

AT THE MEADOWS

Rio Retreat Center's transformative intensive workshops have been designed by mental health experts and are facilitated by licensed, master's-level therapists and certified professionals. Our workshops are perfect for those who are new in recovery, are stable in recovery and want to deepen their experience, or simply anyone looking for a source of renewal. Participants work on sensitive issues in a concentrated format, allowing them to enhance their journey by gaining insight into unhealthy, embroiled patterns and practicing new relational skills within a safe environment.



## TRANSPORTATION

Ground transportation to Rio Retreat Center is available from and to the Phoenix airport with three convenient shuttle service pickup times for those staying on campus. Details will be sent with your confirmation email upon completion of the registration process.

## AMENITIES

Workshop participants enjoy three healthy meals a day prepared at our facility and included in the registration cost. Additional complimentary activities may include:

- Expressive arts
- Challenge courses
- Acupuncture
- Workout facility
- 12-step meetings
- Pool (seasonal)
- Yoga
- Brain Center
- Tai Chi
- Labyrinth
- Equine experiential
- Live music

## LODGING

Our on-site rooms are available on a first-come, first-served basis and are simply appointed and designed to be conducive to the healing and recovery process.



### ESTANCIA:

Double occupancy with queen-size beds



### BUNKHOUSE:

Double occupancy with full-size beds



### HACIENDA:

Single occupancy with one queen-size bed for those who prefer a bit more space and privacy

## CANCELLATION POLICY:

We rely on an accurate attendance count to make the necessary arrangements for this training. If a cancellation occurs 14 or more days prior to the start of the training, a full refund, less a \$600 administrative fee, will be issued. Cancellations less than 14 days before the beginning date of the training are non-refundable. If you need to cancel your registration, please contact our Admissions Department at 833-749-4891 as soon as possible.